

Meet our South Team

Working with clients in Derby city, Erewash and South Derbyshire.

Performance and Relationship Manager



“ I’ve worked with Ingeus for over five years, starting as an Employment Advisor in 2019 after a friend mentioned the role. Initially unsure due to a career break raising my daughter, I realised my transferable skills—and lived experience with depression—were valuable assets. From day one, I felt I’d found my calling. I loved helping people find solutions, offering support, and encouraging them to reach their goals. I’m now a Performance and Relationship Manager, leading a fantastic team of Advisors. I feel proud and grateful to continue making a difference and supporting both clients and colleagues every day. ”

- Hannah

Senior Employment Advisor



“ I became an Employment Advisor after completing my own journey with Talking Therapies. At the time, I felt undervalued in a chaotic role and became a client of the service. When a vacancy came up, I applied—and never looked back. Since starting in July 2021, I’ve thrived on supporting others to overcome barriers and find meaningful work. In December 2023, I became a Senior Employment Advisor. I feel privileged to use my experience to empower others and proud to be part of a talented, supportive team at Ingeus. I’ve truly found my niche and a role that brings real purpose. ”

- Lyndsey

Employment Advisors



“ Since December 2018, I've worked as an Employment Advisor at Ingeus, partnering with Talking Mental Health Derbyshire to support clients with mild mental health conditions. I assist with CVs, job searching, applications, interview skills, and in-work support, while signposting to relevant services. Previously, I held roles at Remploy including Work & Enterprise Coach, Employment Advisor, and Branch Co-ordinator, supporting clients into work and engaging employers to create opportunities. I also managed branch operations and provided in-work support. With over 10 years of prior experience in customer service, I bring strong communication and problem-solving skills to help clients achieve their goals. ”

- Lee



“ My own experience of job searching after university, combined with poor mental health in a previous role, inspired me to help others. I've learned the value of self-advocacy, CV building, and using tools like LinkedIn. This role allows me to support others with empathy and understanding. I believe in meeting people where they are, without pressure, and guiding them toward meaningful work. There is support out there—you're not alone, and the right role that meets your needs is within reach. ”

- Alisha



“ I joined Ingeus in 2019, as an Employment Advisor, when the service launched in Derbyshire and I'm delighted that it continues to provide this valuable support in my local area.

My passion lies in empowering individuals with knowledge, supporting them to overcome challenges and achieve their goals, no matter where they are on their journey. ”

- Kate



“ With over 15 years of experience in advising individuals, I became an Employment Advisor to support people through meaningful career transitions. My background as a Careers Advisor helps me guide clients with care and authenticity—whether they’re school leavers, returning from maternity leave, changing careers, or planning retirement. I value working alongside Talking Therapies, offering holistic support. Having experienced work-related stress and therapy myself, I know how vital employment support can be. I encourage clients to prioritise self-care, set realistic goals, and seek support. Everyone’s journey is unique, and I’m passionate about helping people find what works best for them. ”

- Tania



“ After university, I began my career with Ingeus as an Employment Advisor and have been in the role for four years. I support individuals accessing NHS Talking Therapies, working closely with therapists to help clients achieve their goals. I’m passionate about empowering people to overcome barriers to employment, whether through finding meaningful work, retraining, or advocating for better mental health support in the workplace. I enjoy helping clients build confidence, develop new skills, and take positive steps toward their career goals, always with a focus on long-term wellbeing and sustainable employment. ”

- Priya



“ I’ve successfully supported clients in navigating the job market, improving employability skills, and securing meaningful work. My strengths include personalised career advice, CV building, interview preparation, and connecting job seekers with employers. I’m passionate about empowering people to reach their full potential and committed to making a positive impact in employment services. I take pride in helping others build confidence and take practical steps toward long-term career success. ”

- Michael



“ I am deeply committed to helping individuals navigate their career journeys by providing tailored support and actionable strategies designed to unlock their full potential. With a client-centered approach, I work collaboratively to understand each person's unique goals, challenges, and aspirations. My focus is on delivering guidance that is practical and empowering, ensuring that every client has the tools and confidence needed to achieve their career ambitions. Whether it's finding the right job, exploring new opportunities, or building essential skills, I am here to support every step of the way. ”

- Aisha



“ I became an Employment Advisor in NHS Talking Therapies in 2021 after over a decade in sales and team leadership. Following arm surgery and a lack of support from my employer, I struggled to return to work. That experience led me to this service, where I was inspired by the empathy and encouragement I received. I now use my lived experience of poor mental health and neurodiversity to support others. I'm passionate about championing clients and helping them take steps toward positive change. ”

- Ellie



“ I joined Ingeus in 2021, initially working in the youth division, and recently transitioned into the role of Employment Advisor. I bring experience from a range of community settings, including probation services, education, and grassroots organisations. This background has given me a strong understanding of the diverse challenges individuals face when navigating employment. I am passionate about supporting people to achieve their future ambitions, offering tailored guidance and encouragement. My goal is to empower clients to build confidence, overcome barriers, and take meaningful steps toward sustainable employment. I'm proud to be part of a service that makes a real difference. ”

- Hazel



“ I am a proactive and empathetic Employment Advisor with over five years of experience supporting individuals in achieving meaningful employment. I’m passionate about empowering clients through tailored career planning and development strategies. Skilled in conducting in-depth assessments, I work to understand each client’s skills, goals, and barriers to employment. My approach is client-centred and holistic, focusing not only on immediate job placement but also on long-term satisfaction and growth. I believe in building confidence, fostering independence, and helping clients navigate their career journeys with clarity and purpose, ensuring they are equipped for both current opportunities and future success.

- Jill

We look forward to working with you!