

# Your new work mug is waiting for you...



### Getting you into work

The Restart Scheme provides you with a personal Job Coach who will meet with you regularly and provide telephone, online and face to face support, to:

- Identify and encourage your work goals and help you to transfer your existing skills into your next role
- Develop a plan to help you find new employment, and provide local work experience placements and skills training
- Detail how your benefit calculations will look once you are in work and as you earn more
- Advise you on how to manage your money, child/caring responsibilities, housing and/or travel costs whilst on the scheme. We can fund reasonable costs associated with your participation on the Restart Scheme
- Signpost you to local health and wellbeing organisations which can support you as you re-enter the workforce if needed

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#### Ways we can help

The Restart Scheme offers resources to help you look for work, prepare for interview, and support you once you are employed:

Job search engine – thousands of job vacancies listed in one place

Careers advice and planning

How to solve problems that are getting in the way of work

Factsheets and guides about specific industries, types of jobs that are available and what skills they require

A CV building tool and workshop to help you highlight your skills and experience

Interview preparation activities and mock interviews (1-to-1 and group sessions) as well as interview feedback

Handy guides on things like 'How to look for a job,' 'How to apply for a job' and 'Writing a CV'

Matching you to the right job – we work with local employers and businesses, to help match you to suitable opportunities and placements

#### How to get started

Your Jobcentre Plus Work Coach will explain more about the Restart Scheme and arrange an introductory meeting with us.



## **REALISE** the possibilities

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